

KID'S STOP Cafe



eat. learn. live.



Westport Elementary School: FEBRUARY

Daily Menu Options	Monday-3	Tuesday-4	Wednesday-5	Thursday-6	Friday-7
B-Ham & Swiss Pretzel C-Brunch Bento Box D-Chicken Caesar Salad E-Chicken Noodle Soup	Macho Nachos With Black Bean & Corn Or Seasoned Ground Beef	Italian Meatballs Sauce & Cheese Garden Salad Pasta or a Fresh Baked Roll	Crispy Golden Waffle Strawberry Topping Turkey Sausage Patties	Pepperoni Pizza or Cheese Pizza Garden Salad	Penne Pasta Bar Marinara Sauce Meat Sauce Green Beans
Daily Menu Options	Monday-10	Tuesday-11	Wednesday-12	Thursday-13	Friday-14
B-Sunbutter & Jelly C-Bowtie Bento Box D-Popcorn Chicken Salad E-Tomato Soup	Grilled Cheese Sandwich Tomato Soup	Hamburger, Cheeseburger Or Garden Vegetable Burger Tater Tots	Crispy French Toast Sticks Turkey Sausage Patties	Bacon Pizza or Cheese Pizza Garden Salad	3 Crispy Chicken Tenders with Dipping Sauce Seasoned Baby Carrots
Daily Menu Options	Monday-17	Tuesday-18	Wednesday-19	Thursday-20	Friday-21
B-Chicken Caesar Wrap C-Bistro Bento Box D-Chicken BLT Salad E-Chicken Noodle Soup	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
Daily Menu Options	Monday-24	Tuesday-25	Wednesday-26	Thursday-27	Friday-28
B-Chicken Caesar Wrap C-Bistro Bento Box D-Chicken BLT Salad E-Chicken Noodle Soup	Cheese Stuffed Breadsticks Marinara Dipping Sauce Steamed Broccoli	All Beef Hot Dog Tater Tots Seasoned Yellow Corn	Golden Brown Pancakes Turkey Sausage Patties	Pepperoni Pizza or Cheese Pizza Garden Salad	Penne Pasta Bar Marinara Sauce Meat Sauce Green Beans

Daily Menu Options	Monday-	Tuesday-	Wednesday-	Thursday-	Friday-
<p>Alert</p> <p>Protein rich foods like meats and beans have nutrients that</p>	<p>Calm</p> <p>Foods like leafy greens and poultry have nutrients that can</p>	<p>Confident</p> <p>Foods like citrus fruits and beans contain vitamins that are necessary for healthy</p>	<p>Happy</p> <p>Foods like blueberries and yogurt have been linked to feelings of happiness and</p>	<p>Smart</p> <p>Foods like eggs and beef have been shown to improve memory, focus,</p>	<p>Strong</p> <p>Dairy foods and beets have nutrients that help to build muscle</p>