



Staples High School: February

Monday-3	Tuesday-4	Wednesday-5	Thursday-6	Friday-7
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BREAKFAST

Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets

CREATE

Chicken and Sausage Jambalaya

Greek Gyro
 Choose from Falafel or Marinated Chicken

Chicken Tikka Masala



Chicken Fajitas

Build Your Own Chicken BLT Salad

CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Build Your Own Asian Noodle Bar

Choose from Soba Noodles or Lo Mein Noodles, add your favorite Sauce and Protein

GRILL

Buffalo Chicken Wrap

Build Your Own Burger Bar

Build Your Own Hot Dog Bar

Chicken Parm Grinder

BBQ Pork Riblet Sandwich

Assorted Burgers, Garden Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO

Cheese Pizza served every day!

Margherita Pizza



Steak and Cheese Pizza

Bacon Cheeseburger Pizza

Vegetarian Pizza



Bosco Sticks



Cheese and Pepperoni Pizza Daily

PANINI

Cheesesteak Flatbread

Caprese Panini w/Fresh Mozzarella & Tomato

Chicken and Bacon Chipotle Wrap

Classic Cuban Panini

American Panini

ON THE GO SALADS & SANDWICHES



Daily Options Prepared Fresh!



SO DELI



Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

NEED HELP OR HAVE QUESTIONS?

Deborah Vancoughnett
Director of Dining Services
(203) 341-2431

Benjamin Leahey
Assistant Director of Dining Services
(203) 341-1304

Bill Tomlinson
District Chef

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions



Vegetarian



Discovery Kitchen



Staples High School: February

Monday-10	Tuesday-11	Wednesday-12	Thursday-13	Friday-14
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BREAKFAST

Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets

CREATE

Hand Rolled Sushi	Build Your Own Pasta Bar	FLAME 	Build Your Own Pasta Bar	Boneless Wing Bar
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Build Your Own Mexican/Latin Bar
 Build Your Own Tacos, Nachos or Taco Salad



GRILL'D

Spicy Chicken Wrap	 BYO Burger Bar	Turkey BLT Wrap	Meatball Parm Grinder	Arroz Con Pollo
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Assorted Burgers, Garden Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO Cheese Pizza served every day!

The "Works" Pizza	Garlic Chicken Pizza	Chicken Parmesan Pizza	Bacon Pizza	Meatball Pizza
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Cheese and Pepperoni Pizza Daily

PANINI

Grilled Buffalo Chicken Panini	Black Forest Ham Panini	Monte Cristo Sandwich	Chicken Cordon Bleu Panini	Pastrami Reuben Panini
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ON THE GO SALADS & SANDWICHES



Daily Specials Prepared Fresh!



SO DELI

Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

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Deborah Vancoughnett Director of Dining Services (203) 341-2431	Benjamen Leahey Assistant Director of Dining Services (203) 341-1304	Bill Tomlinson District Chef (203) 341-2491
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Vegetarian Discovery Kitchen



Staples High School: February

Monday-17	Tuesday-18	Wednesday-19	Thursday-20	Friday-21
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BREAKFAST

Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets

CREATE

School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

GRILL

School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
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Assorted Burgers, Garden Burgers and Crispy Breaded Chicken Sandwiches Daily

PIZZA Cheese Pizza served every day!

School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
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Cheese and Pepperoni Pizza Daily

PANINI

School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break	School Closed Winter Break
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ON THE GO SALADS & SANDWICHES



Daily Specials Prepared Fresh!



SO DELI

Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

NEED HELP OR HAVE QUESTIONS?

Deborah Vancoughnett Director of Dining Services (203) 341-2431	Benjamin Leahey Assistant Director of Dining Services (203) 341-1304	Bill Tomlinson District Chef
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Staples High School: February

Monday-24	Tuesday-25	Wednesday-26	Thursday-27	Friday-28
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BREAKFAST

🌿
Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets

CREATE

🌿 Hand Rolled Sushi	General Tso Chicken	ROOST 	🌿 Asian Pho Bowl w/Broth	🌿 Pasta Bar Build Your Own
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CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

🌿
WRECKERS CHILI BAR... MADE FRESH RIGHT HERE!
 Beef Chili served with French Fries, Cheese Sauce
and Assorted Toppings

GRILL

Spicy Crispy Chicken Wrap	Avocado Cheddar Burger	Buffalo Ranch Chicken Quesadilla	Chipotle Pulled Pork Wrap	🌿 Fish and Chips
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Assorted Burgers, Garden Burgers and Crispy Breaded Chicken Sandwiches Daily

2MATO Cheese Pizza served every day!

🌿 Margherita	Buffalo Chicken Pizza	🌿 Veggie Pizza	Chicken Parmesan Pizza	🌿 Cheese Stuffed Breadsticks
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PANINI

Pastrami & Cheddar on Rye	Chicken Panini & Tomato	Chipotle Sandwich Tomato Pesto	Italian Chicken Parmesan Panini	Turkey Reuben with Coleslaw
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ON THE GO SALADS & SANDWICHES

	Daily Options Prepared Fresh!	
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SO DELI

🌿
Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread

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SMART SNACKING
Discovery Kitchen