



## Staples High School: MARCH

Monday-2	Tuesday-3	Wednesday-4	Thursday-5	Friday-6
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### BREAKFAST

**Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets**

### CREATE

Breakfast For Lunch Bar	Chicken Tikka Masala 	Build Your Own Greek Gyro Bar 	BBQ Chicken or Cilantro Lime Chicken 	Build Your Own Chicken BLT Salad 
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### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

**Build Your Own Italian Feast**  
Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL

Buffalo Chicken Wrap	Roasted Chicken Wing Bar	Burrito Bar Chicken, Beef, or Pork	Chicken Parm Grinder	Fish and Chips 
<b>Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily</b>				

### 2MATO Cheese Pizza served every day!

Margherita Pizza 	Steak and Cheese Pizza	Bacon Cheeseburger Pizza	Vegetarian Pizza 	Bosco Sticks 
<b>Cheese and Pepperoni Pizza Daily</b>				

### PANINI

Cheesesteak Flatbread 	Caprese Panini w/Fresh Mozzarella & Tomato 	Chicken and Bacon Chipotle Wrap	Classic Cuban Panini	American Panini
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### ON THE GO SALADS & SANDWICHES

**Daily Options Prepared Fresh!**

### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

<b>NEED HELP OR HAVE QUESTIONS?</b>		
Deborah Vancoughnett Director of Dining Services (203) 341-2431	Benjamen Leahey Assistant Director of Dining Services (203) 341-1304	Bill Tomlinson District Chef (203) 341-2491

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions



## Staples High School: MARCH

Monday-9	Tuesday-10	Wednesday-11	Thursday-12	Friday-13
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### BREAKFAST

Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets

### CREATE

Hand Rolled  
Sushi



Wreckers Chili  
Bar

Chicken Club or  
Chicken Tzatziki

Build Your Own  
Cobb Salad



### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

Build Your Own Italian Feast

Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL'D

Spicy Chicken  
Wrap

Boneless Chicken  
Wing Bar

Turkey BLT  
Wrap

Meatball  
Parm Grinder

Fish and Chips

**Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily**

### 2MATO

Cheese Pizza served every day!

The "Works"  
Pizza

Garlic Chicken  
Pizza

Chicken Parmesan  
Pizza

Bacon Pizza

Meatball  
Pizza

**Cheese and Pepperoni Pizza Daily**

### PANINI

Philly Cheese  
Ciabatta

Black Forest  
Ham Panini

Monte Cristo  
Sandwich

Chicken Cordon  
Bleu Panini

Pastrami Reuben  
Panini

### ON THE GO SALADS & SANDWICHES



Daily Specials Prepared Fresh!



### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

NEED HELP OR HAVE QUESTIONS?

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Director of Dining Services

Benjamin Leahey  
Assistant Director of Dining Services  
(203) 341-1304

Bill Tomlinson  
District Chef  
(203) 341-2491

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Vegetarian



Discovery Kitchen



## Staples High School: MARCH

Monday-16	Tuesday-17	Wednesday-18	Thursday-19	Friday-20
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### BREAKFAST

**Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets**

### CREATE

Hand Rolled Sushi	Indian Herbed Chicken 	Build Your Own Mexican Bar	Chicken Club or Southern Roost 	Build Your Own Greek Salad
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### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

**Build Your Own Italian Feast**  
Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL

Crispy Chicken Ranch Wrap	Roasted Chicken Wing Bar	Costa Rican Tacos	Crispy BBQ Chicken Burrito	Fish and Chips
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**Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily**

### PIZZA Cheese Pizza served every day!

The "Works" Pizza	3 Cheese Pizza	BBQ Chicken Pizza	Sausage Pizza	French Bread Cheese Pizza
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**Cheese and Pepperoni Pizza Daily**

### PANINI

Tuscan Chicken Ciabatta	Corned Beef Reuben	Spicy Italian Panini	Grilled Cheese and Bacon	Turkey Club Bagel
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### ON THE GO SALADS & SANDWICHES

**Daily Specials Prepared Fresh!**

### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

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Vegetarian Discovery Kitchen



## Staples High School: MARCH

Monday-23	Tuesday-24	Wednesday-25	Thursday-26	Friday-27
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### BREAKFAST



**Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets**

### CREATE

Hand Rolled  
Sushi



Chicken Tikka Masala



Caribbean Jerk  
Chicken

Honey Mustard or  
Greek Chicken  
Tzatziki



Build Your Own  
Southwest Salad



### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

#### Build Your Own Italian Feast



Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL

Spicy Crispy  
Chicken Wrap

Philly Cheese  
Grinder

Buffalo Ranch  
Chicken Quesadilla

Chipotle Pulled  
Pork Wrap

Fish and Chips



**Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily**

### 2MATO

Cheese Pizza served every day!

Margherita



Buffalo Chicken  
Pizza

Chicken Parmesan  
Pizza

Veggie  
Pizza



Cheese Stuffed  
Breadsticks



### PANINI

Pastrami &  
Cheddar on Rye

Cilantro Lime  
Chicken Panini

Italian  
Hoagie

Chicken  
Parmesan Panini

Turkey Reuben  
with Coleslaw

### ON THE GO SALADS & SANDWICHES



Daily Options Prepared Fresh!



### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

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Vegetarian



Discovery Kitchen



## Staples High School: MARCH

Monday-30	Tuesday-31	Wednesday-	Thursday-	Friday-
<b>BREAKFAST</b>				

**Made to Order Breakfast Sandwiches, Pancakes, French Toast, and Omelets**

### CREATE

Chicken and Sausage Jambalaya Build Your Own Greek Gyro Bar

### CREATE YOUR OWN INTERNATIONAL PLATTER-BY THE OUNCE

#### Build Your Own Italian Feast

Choose from a variety of sauces and pastas! Buon Appetito!

### GRILL

Crispy Chicken Ranch Wrap      Roasted Chicken Wing Bar

**Assorted Burgers and Crispy Breaded Chicken Sandwiches Daily**

### 2MATO Cheese Pizza served every day!

Margherita Pizza      Steak and Cheese Pizza

**Cheese and Pepperoni Pizza Daily**

### PANINI

Cheesesteak Flatbread      Caprese Panini w/Fresh Mozzarella & Tomato

### ON THE GO SALADS & SANDWICHES



**Daily Options Prepared Fresh!**



### SO DELI

**Made to Order Sandwiches with Your Choice of Boar's Head Meats, Cheeses, Toppings & Bread**

### NEED HELP OR HAVE QUESTIONS?

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Vegetarian Discovery Kitchen